



## **Hanuman Chalisa**

### **DOHA**

sri Guru charaNa saroja raja  
nija mana mukura sudhAr  
bharaNou raghuvara vimala yasha  
jo dAyak phala chAr.

buddhi heena thanu jAnikai  
sumirou pavana kumar  
bala buddhi vidya dehu mohim  
harahu kalesha vikAr.

### **CHAUPAI**

jai Hanuman gyAn guNa sAgar  
jai kapeesa tihu loka ujAgar

Rama dootha atulitha baladhAmA  
anjani putra pavana suta nAmA

mahaveer vikrama bajarangi  
kumathi nivAr sumathi ke sangi

kanchan bharaNa birAj suvesha  
kAnana kuNDala kunchitha keshA

hAtha vajra au dwajA virAjai  
kAndhe moonja janeu sAjai

shankar suvana keshari nandana  
teja pratApa maha jaga vandana

vidyAvAn guNi athi chAtura  
Ram kAj karibe ko Athura

prabhu charitra sunibe ko rasiyA  
Ram Lakhan Sita mana basiyA

*Rama Lakshmana Janaki,  
Jai Bolo Hanuman Ki  
Rama Lakshmana Janaki,  
Jai Bolo Hanuman Ki*

sookshma roopa dhari siyahi dikhAvA  
vikaTa roopa dhari lanka jarAWA

bheema roopa dhari asura samhAre  
ramachandra ke kAj sanvAre

IAya sanjeevan Lakhan jiyAye  
shri Raghubir harashi ur IAye

raghupati keeni bahut baDayi  
tuma mama priya Bharata sama bhAi

sahasa badhana tumharo yasha gAvaim  
asa kahi shripati kanTa lagAvaim

sanakAdhika brahmAdhi muneeshA  
nArada shArada sahita aheeshA

yama kubera dhikpAla jahAnte  
kavi kovidha kahi sakai kahAn te

tuma upkAr sugreevanhi keenhA  
Ram milAya rAjapadha deenhA

*Rama Lakshmana Janaki,  
Jai Bolo Hanuman Ki  
Rama Lakshmana Janaki,  
Jai Bolo Hanuman Ki*

tumharo mantra vibheeshaNu mAnA  
lankeshwar bhaye sab jag jAnA

yug sahasra yojan par bhAnu  
leelyo tAhi madhur phala jAnu

prabhu mudrika meli mukha mAhim  
jaladhi lAndhi gaye achraj nAhim

durgama kAja jagat ke jethe  
sugama anugraha tumhare tethe

ram duwAre tum rakhwAre  
hoth na aagnyA bin paisAre

sab sukh lahai tumhAri saranA  
tum rakshak kAhu ko DarnA

apan tej samhAro aapai  
teeno lok hAnkte kApai

bhootha pishAch nikaT nahin Avai  
mahaveer jab nAm sunAvai

*Rama Lakshmana Janaki,  
Jai Bolo Hanuman Ki  
Rama Lakshmana Janaki,  
Jai Bolo Hanuman Ki*

nAshai rog harai sab peerA  
japata nirantar Hanumat beerA

sankaT se Hanuman choDAvai  
man krama vachana dhyAn jo lAvai

sab par Ram tapasvi rAja  
tinke kAj sakala tum sAja

aur manorath jo koi lAvai  
soyi amitha jeevan phala pAvai

chArahu yug pratAp tumhArA  
hai prasiddha jagata ujjiArA

sAdhu sant ke tum rakhwAre  
asura nikandhan Ram dulAre

ashTa siddhi navanidhi ke dAthA  
asavara deen Janaki mAtA

Ram rasAyan tumhare pAsA  
sadA rahou Raghupati ke dAsA

*Rama Lakshmana Janaki,  
Jai Bolo Hanuman Ki  
Rama Lakshmana Janaki,  
Jai Bolo Hanuman Ki*

tumhare bhajan Ram ko pAvai  
janma janma ke dukh bisarAvai

antha kAl Raghupatipur jAyi  
jahAn janmi haribhakta kahAi

aur devata chittha na dharayi  
hanumat seyi sarva sukha karayi

sankaT harai miTai sab peerA  
jo sumirai Hanumat bala beerA

jai Jai Jai Hanuman gosAi  
jai Jai Jai Hanuman gosAi  
kripa karahu Gurudev ki nAi

yeh shatha bAr pAT kar joyi  
chootahi bandhi mahasukha hoyi

jo yeh paDe Hanuman Chalisa  
hoi siddhi sAKhi Gowrisa

tulsidas sadA Hari cherA  
keejai nAth hriday maha Dera  
keejai nAth hriday maha Dera

*Rama Lakshmana Janaki,  
Jai Bolo Hanuman Ki  
Rama Lakshmana Janaki,  
Jai Bolo Hanuman Ki,  
Jai Bolo Hanuman Ki,  
Jai Bolo Hanuman Ki,  
Jai Bolo Hanuman Ki.*

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*pavana tanaya sankata harana  
mangala murati roop  
Rama Lakhan Sita sahita  
hridaya basata sura bhoop*

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*bolo SiyAvar Ramachandra ki Jai  
pavana suta Hanuman ki Jai*